MONDAY	TUESDAY		WEDNESDAY		THURSDAY	FRIDAY	
3 Chicken Tikka Masala Brown Rice Turmeric Roasted Cauliflower Saag Aloo Banana Milk	Beef Stroganoff Whole Grain Egg Noodles Diced Sweet Potatoes Brussels Sprouts Grapes Milk	4	Center Closed for Field Trip	5	6 Vegetarian Lasagna Garlic Bread Italian Blend Peas Fruit Salad Milk	Breaded Fish Filet Whole Grain Bun Sauteed Spinach Magenta Root Slaw Clementine Milk	7
10 2 Oven Fried Chicken Legs Whole Grain Corn Muffin with Butter Steamed Collards Creole Style Black Eyed Peas Cherry Cobbler Milk	Slice Turkey and Gravy Stuffing Whole Grain Roll with Butter Broccoli and Cauliflower Pimento Corn Applesauce Milk	11	12 Beef Pho with 4 Meatballs with Rice noodles Whole Grain Biscuit with Butter Zucchini Green Beans Orange in Wedges Milk		13 Chicken and Gravy Whole Grain Rice Whole Grain Roll with Butter Peas and Carrots Butternut Squash Pineapple Milk	Florentine Cod Macaroni and Cheese Whole Grain Roll Cucumber Salad Stewed Tomatoes Grapes Milk	14
17 Yankee Pot Roast Boiled Potatoes Parsley Carrots, Celery, and Onion Wheat Roll with butter Ambrosia Granola Parfait Milk	Lemongrass Chicken Whole Grain Fried Rice Whole Grain Roll with Butter Bok Choy Butternut Squash Pear Milk	18	19 Meatloaf and Gravy Whole Grain Biscuit with Butter Roasted broccoli Mashed Potatoes Peach Milk	9	20 Beef Pad Thai over Whole Grain Linguini Noodles Asian vegetable blend Pineapple Milk	Breaded Fish Whole Grain Bun Steamed Kale Roasted Pumpkin Cinnamon Baked Apple Milk	21
24 Mandarin Orange Chicken Whole Grain Rice Broccoli Snap Peas Mandarin Oranges Milk	Oven Fried Chicken Whole Grain Corn Muffin Green Beans Bean Salad Peach Cobbler Milk	25	20 Spaghetti and Meat Sauce Broccoli Sauteed Summer Squash Tangerine Whole Grain Roll with butter Milk		27 Chicken and Gravy Stuffing Whole Grain Dinner Roll and butter French Green Beans Seasoned Carrots Pear Milk	Salmon with lemon dill sauce Whole Grain Quinoa Whole Grain Dinner Roll with Butter Au Gratin Potatoes Spinach Cinnamon Applesauce Milk	28
31 Beef Pot Pie Whole Grain Biscuit with butter Peas Orange Milk							